# Effective index approximations of photonic crystal slabs: a 2-to-1-D assessment

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**Abstract:** The optical properties of slab-like photonic crystals (PCs) are often discussed on the basis of effective index (EI) approximations, where a 2-D effective refractive index profile replaces the actual 3-D structure. Our aim is to assess this approximation by analogous steps that reduce finite 2-D waveguide Bragg-gratings (to be seen as sections through 3-D PC slabs and membranes) to 1-D problems, which are tractable by common transfer matrix methods. Application of the EI method is disputable in particular in cases where locally no guided modes are supported, as in the holes of a PC membrane. A variational procedure permits to derive suitable effective permittivities even in these cases. Depending on the structural properties, these values can well turn out to be lower than one, or even be negative. Both the "standard" and the variational procedures are compared with reference data, generated by a rigorous 2-D Helmholtz solver, for a series of example structures.

**Keywords:** integrated optics, numerical modeling, photonic crystal slabs, effective index approximation.

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## **1** Introduction

The propagation of light through slab-like photonic crystals (PCs) [1] is frequently described in terms of effective indices (EIs). One replaces the actual 3-D structure by an effective 2-D refractive index profile, given by the propagation constants of the slab modes of the local vertical refractive index profiles. Though the popular approach is usually introduced for the approximate calculation of waveguide modes [2, 3, 4, 5, 6, 7, 8], it is just as well applicable to certain classes of propagation or scattering problems. This concerns not only purposes of qualitative reasoning [9, 10, 11, 12] but also the actual design of structures [13, 14, 15], and comparison with / fitting to experimental data [16, 17, 18]. Figure 1(a) shows the 3-to-2-D reduction schematically.



Figure 1: Effective index reduction of integrated optical scattering problems, schematically. (a) Replacement of a 3-D photonic crystal slab with real permittivity  $\epsilon(x, y, z)$  by a 2-D effective permittivity profile  $\epsilon_{eff}(y, z)$ . (b) The model problem considered in this paper: the scattering by a 2-D planar waveguide-Bragg grating, given by the dielectric permittivity  $\epsilon(x, z)$ , is approximated by 1-D plane wave transmission through a multilayer stack with effective permittivity profile  $\epsilon_{eff}(z)$ .

A study that provides some assessment on the accuracy of the approximations [19] is restricted to band structure calculations, i.e. computations on a single unit cell for in-plane fully periodic structures, due to the computational effort required for the finite-difference time-domain (FDTD) calculations [20] that serve to generate the numerical reference data. Refs. [21, 22, 23, 24, 25] focus on the EI approach itself, and on possible improvements, in the explicit context of PC slabs. Also here the emphasis is on band structure features [22, 23]. Refs.

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P.O. Box 217, 7500 AE Enschede, The Netherlands E-mail: m.hammer@math.utwente.nl [21, 24, 25] regard the effective index of the non-etched slab regions as a fit parameter to match certain properties of the 2-D band structure to numerical reference calculations. The fitted effective values are then used for further 2-D calculations on non-periodical configurations like waveguide channels or localized cavities [24, 25], and for the estimation of out-of-plane losses [25]. It should be mentioned that, as an alternative to the scheme of Figure 1(a), a "side view" variant of a 3-to-2-D dimensionality reduction is possible, which replaces the PC-slab by a 2-D structure similar to the left part of Figure 1(b). A corresponding comparison for the case of Bragg gratings in photonic wires has been carried out in Ref. [26].

Still, beyond the aforementioned paper, we are so far not aware of any assessment, where the approximation is checked for full devices, including the input and exit transitions to conventional waveguides, and for a certain variety of structures. This is what we would like to provide with the present paper. The computational complexity, however, of rigorous numerical simulations, sufficiently converged for benchmark purposes, on realistic 3-D PC slab devices, even if only moderately sized, renders these computations highly inconvenient at best, if not impractical at all. As illustrated in Figure 1, we therefore retreat to a lower dimensionality: In place of the 3-D to 2-D EI reduction (a), in line with Refs. [9, 27] we will check the approximation by analogous steps (b) that reduce finite 2-D waveguide Bragg-gratings to 1-D problems. Being equivalent to the plane wave transmission through dielectric multilayer stacks, the latter 1-D problems are conveniently solvable by standard transfer matrix methods. A 2-D Helmholtz solver [28, 29] allows to solve the original 2-D problems rigorously, i.e. to generate reliable benchmark solutions for the assessment of the quality of the EIM approximation.

What concerns the — not obvious — transfer of the findings to 3-D, one should be aware that the 2-D results, given as functions of coordinates x and z, are exact solutions for 3-D problems, where both the structure, i.e. the permittivity  $\epsilon$ , and all optical fields are constant along the y axis.<sup>1</sup> We thus simulate what happens if an initially vertically (x) confined, but laterally (y) wide, non-confined beam traverses a series of trenches perpendicular to its direction of propagation z. The field plots shown in this paper then correspond to vertical cross sections of the real 3-D field along the propagation axis. A structure as in Figure 1(a) certainly does not belong to this class. Our model problems consider only vertical features of permittivity and field (including losses due to out of plane radiation [32, 33], reference calculations), while lateral variations, i.e. the lateral confinement in the PC channel in Figure 1(a), are disregarded. Nevertheless, x-z cross sections through the PC membrane at positions y, that include the center of a row of holes, resemble closely the 2-D profile considered in Section 3.2. One might thus view the 2-to-1-D examples in this paper as a kind of worst case scenario for the accuracy that can be expected from an EI approximation of a real PC slab configuration.

The EI-viewpoint becomes particularly questionable if locally the vertical refractive index profile cannot accommodate any guided mode, as e.g. in the holes of a PC membrane. It appears to be generally believed that then the background refractive of the respective region (i.e. 1.0 for air holes) is to be used as effective refractive index. For configurations with not too deep holes, where the guiding film is supported by a substrate (or buffer layer of sufficient thickness), the refractive index of that substrate serves as another candidate for the effective index of the hole regions. Frequently this heuristic choice is not even mentioned. A way out can be found by means of a variational view on the EI method (EIM). We will check numerically a recipe [4, 34] to uniquely define an effective permittivity even for these cases. The procedure increases the computational effort only marginally, when compared to a "standard" EI approach. Based on clear physical assumptions, it also allows to assemble an approximation to the full optical field.

Section 2 provides the theoretical background for this variational effective index method (vEIM). The following Sections 3.1 – Section 3.4 then cover a series of examples, where the quality of the vEIM approximation is discussed along with results of a standard EI treatment. A preliminary account of the present study has been given in Ref. [35]. See Refs. [36, 37] for outlines of extensions towards rigorous expansions with multiple vertical basis fields, then with a substantially larger range of applicability, and towards the 3-to-2-D dimensionality reduction of real 3-D PC structures.

<sup>&</sup>lt;sup>1</sup> Quasi 2-D configurations with no or only very weak lateral confinement could be realized by the corrugation of wide rib waveguides with only shallow etching, i.e. by weak lateral refractive index contrast. Applications of such structures are discussed e.g. in Refs. [30, 31].

### 2 Variational effective index approximation

Variational techniques have some tradition [2, 5] in the derivation of EIM-variants (for scalar mode analysis). For consistency reasons, we start with a functional form [4, 38] of the full 3-D Maxwell equations in the frequency domain:

$$\mathcal{F}(\boldsymbol{E},\boldsymbol{H}) = \iiint_{\Omega} \left\{ \boldsymbol{E} \cdot (\boldsymbol{\nabla} \times \boldsymbol{H}) + \boldsymbol{H} \cdot (\boldsymbol{\nabla} \times \boldsymbol{E}) - \mathrm{i}\omega\epsilon_0\epsilon\boldsymbol{E}^2 + \mathrm{i}\omega\mu_0\boldsymbol{H}^2 \right\} \mathrm{d}x \,\mathrm{d}y \,\mathrm{d}z \,. \tag{1}$$

Here  $\epsilon_0$  and  $\mu_0$  are the vacuum permittivity and permeability. All fields oscillate harmonically  $\sim \exp(i\omega t)$ in time with angular frequency  $\omega = kc = 2\pi c/\lambda$ , usually given in terms of the vacuum wavenumber k and wavelength  $\lambda$ , for vacuum speed of light c. The relative dielectric permittivity  $\epsilon(x, y, z)$  encodes the structural information; one assumes a unit relative permeability at the relevant optical frequencies. Stationarity of  $\mathcal{F}$ implies that the optical electric field  $\mathbf{E}$  and magnetic field  $\mathbf{H}$  satisfy the curl equations

$$\boldsymbol{\nabla} \times \boldsymbol{E} = -\mathrm{i}\omega\mu_0 \boldsymbol{H}, \quad \boldsymbol{\nabla} \times \boldsymbol{H} = \mathrm{i}\omega\epsilon_0\epsilon\boldsymbol{E}$$
<sup>(2)</sup>

within the domain  $\Omega$ . 2-D configurations as in Figure 1(b) with a structure and fields that are constant along y, are covered after omitting the y-integration in the functional (1).

Below we will first restrict the problem and accordingly the functional to polarized planar solutions. Assuming a separable form of the respective principal field component, one arrives at an EIM-like procedure through a second restriction step. The formalism is similar to what has been applied in the context of scalar and vectorial mode solvers in Refs. [39, 40, 41].

### 2.1 TE polarization

Transverse electric (TE) polarized solutions E, H of Eqs. (2) for y-independent permittivity  $\epsilon(x, z)$  are usually given in terms of the principal electric field component  $E_y(x, z)$ :

$$\boldsymbol{E}(x,z) = \begin{pmatrix} 0\\ E_y\\ 0 \end{pmatrix} (x,z), \qquad \boldsymbol{H}(x,z) = \frac{\mathrm{i}}{\omega\mu_0} \begin{pmatrix} -\partial_z E_y\\ 0\\ \partial_x E_y \end{pmatrix} (x,z). \tag{3}$$

After insertion of Eqs. (3) and without the y-integration,  $\mathcal{F}$  becomes a functional [4, 42, 43, 34] of the scalar field  $E_y$  only:

$$\mathcal{F}(E_y) = \iint_{\Omega_2} \left\{ (\partial_x E_y)^2 + (\partial_z E_y)^2 - k^2 \epsilon E_y^2 \right\} \mathrm{d}x \, \mathrm{d}z \,. \tag{4}$$

Here continuity of  $E_y$  is required, and a constant factor has been omitted. If this restricted functional becomes stationary for  $E_y$ , then that field satisfies the standard 2-D Helmholtz equation

$$\partial_x^2 E_y + \partial_z^2 E_y + k^2 \epsilon E_y = 0, \qquad (5)$$

everywhere in the 2-D domain  $\Omega_2$ .  $E_y$  and its partial derivatives are continuous across any discontinuities in  $\epsilon$ .

As a step towards an EIM-like approximation of Eq. (5) one chooses a 1-D reference permittivity profile  $\epsilon_r(x)$  and an associated guided slab mode  $\chi_r$  and propagation constant  $\beta_r$ , that satisfy the TE slab mode equation

$$\partial_x^2 \chi_{\mathbf{r}} + (k^2 \epsilon_{\mathbf{r}} - \beta_{\mathbf{r}}^2) \chi_{\mathbf{r}} = 0.$$
(6)

Central assumption for what follows is that  $\chi_r$  represents an acceptable approximation for the vertical shape of  $E_y$  along the entire z-axis. The principal field can then be given the separable form

$$E_y(x,z) = \chi_r(x)\,\psi(z)\,,\tag{7}$$

with a yet to be determined function  $\psi$ . The physical assumption behind Eq. (7) can be more or less well realized, depending on all properties of the configuration in question. In general it is not possible to check the validity in another way than by reference calculation, as in this paper.

While the choice of the reference profile and mode is in principle arbitrary, one should be aware that the desired 1-D problem is meant as an approximation of the *open* 2-D problem, where  $\Omega_2$  spans the entire *x*-*z*-plane. This setting makes physical sense only if the structure in question is a bounded corrugation of an otherwise homogeneous background, possibly with some well defined, outwards homogeneous access channels. In the examples of Section 3 these are half-infinite dielectric slab waveguides, and Eq. (7) should be a good approximation of the real field in those input- and output channels in the first place. Consequently that waveguide profile and its fundamental mode are natural candidates for  $\epsilon_r$ ,  $\chi_r$ , and  $\beta_r$ .

Given those quantities, after insertion of the ansatz (7),  $\mathcal{F}$  becomes a functional of the remaining unknown  $\psi$ :

$$\mathcal{F}(\psi) = \int \left\{ (\partial_z \psi)^2 - k^2 \epsilon_{\text{eff}} \psi^2 \right\} dz \,. \tag{8}$$

Constant factors have been omitted again. The effective permittivity [4, 34]

$$\epsilon_{\rm eff} = \frac{\beta_{\rm r}^2}{k^2} + \frac{\int (\epsilon - \epsilon_{\rm r}) \,\chi_{\rm r}^2 \,\mathrm{d}x}{\int \chi_{\rm r}^2 \,\mathrm{d}x} \,, \tag{9}$$

*z*-dependent through  $\epsilon$ , now contains the — vertically averaged — structural information. By looking for conditions for variational stationarity with respect to  $\psi$ , one extracts the 1-D equation

$$\partial_z^2 \psi + k^2 \epsilon_{\rm eff} \psi = 0 \tag{10}$$

for the field dependence on the horizontal coordinate. Continuity of  $\psi$  and  $\partial_z \psi$  across possible discontinuities in  $\epsilon_{\text{eff}}$  is required.

Eq. (9) resembles the familiar expression for the first order propagation constant shift of guided modes according to small uniform bulk perturbations [4, 44]. Indeed, the latter expression can be recovered if one considers the wave number  $k\sqrt{\epsilon_{\text{eff}}}$  associated with local solutions  $\sim \exp(\pm ik\sqrt{\epsilon_{\text{eff}}}z)$  of Eq. (10) for constant  $\epsilon_{\text{eff}}$ , and expands the square root, assuming a small difference  $\epsilon - \epsilon_{\text{r}}$ . Note that for positions z, where the difference vanishes,  $\epsilon_{\text{eff}}$  equals the square of the effective mode index  $\beta_{\text{r}}/k$  associated with the reference mode. Functions that satisfy Eq. (10), expanded by Eqs. (7), (3) for the full problem, are thus exact solutions of Eqs. (5) or (2) in those regions. In the examples of Section 3 this concerns regions of the non-etched slab. Elsewhere, i.e. in the z-positions of the holes, the formalism predicts a propagation with a wave number that is modified according to the local permittivity perturbation. Clearly, perturbation theory is used at its limits, or even beyond its limits, in the examples of Section 3 with strong refractive index contrast.

Obviously, Eqs. (10) and (9) could have been derived alternatively by using the combined ansatz

$$\boldsymbol{E}(x,z) = \begin{pmatrix} 0\\ \chi_{\mathbf{r}}(x)\psi(z)\\ 0 \end{pmatrix}, \qquad \boldsymbol{H}(x,z) = \frac{\mathrm{i}}{\omega\mu_0} \begin{pmatrix} -\chi_{\mathbf{r}}(x)\,\partial_z\psi(z)\\ 0\\ \partial_x\chi_{\mathbf{r}}(x)\,\psi(z) \end{pmatrix}$$
(11)

directly with the 2-D restriction of the vectorial functional (1). Eqs. (11) thus give a clear recipe on how to extend the primary scalar solution  $\psi$  of Eq. (10) towards an approximation to the full optical field in the 2-D configuration.

#### 2.2 TM polarization

Analogous expressions can be derived for transverse magnetic (TM) fields. To minimize the notational overhead, we will use the same symbols as before, although their content differs for TM polarization. The principal magnetic field component  $H_y(x, z)$  allows to state polarized solutions of Eqs. (2) for a 2-D permittivity  $\epsilon(x, z)$  in the form

$$\boldsymbol{E}(x,z) = \frac{\mathrm{i}}{\omega\epsilon_0\epsilon} \begin{pmatrix} \partial_z H_y \\ 0 \\ -\partial_x H_y \end{pmatrix} (x,z), \qquad \boldsymbol{H}(x,z) = \begin{pmatrix} 0 \\ H_y \\ 0 \end{pmatrix} (x,z).$$
(12)

Restriction of  $\mathcal{F}$ , stripped of the *y*-integral, to the field (12) leads, up to constant factors, to a functional of  $H_y$  only:

$$\mathcal{F}(H_y) = \iint_{\Omega_2} \left\{ \frac{1}{\epsilon} \left( (\partial_x H_y)^2 + (\partial_z H_y)^2 \right) - k^2 H_y^2 \right\} \mathrm{d}x \, \mathrm{d}z \,. \tag{13}$$

Continuity of  $H_y$  is required. If the functional (13) becomes stationary for  $H_y$ , then that field satisfies the modified 2-D Helmholtz equation

$$\partial_x \frac{1}{\epsilon} \partial_x H_y + \partial_z \frac{1}{\epsilon} \partial_z H_y + k^2 H_y = 0, \qquad (14)$$

everywhere in the 2-D domain  $\Omega_2$ . The quantities  $H_y$  and  $\epsilon^{-1}(\boldsymbol{n} \cdot \boldsymbol{\nabla})H_y$  are continuous across any discontinuities in  $\epsilon$  with normal  $\boldsymbol{n}$ .

The EIM-like approximation of Eq. (14) is initiated by the choice of a 1-D reference permittivity profile  $\epsilon_r(x)$  and an associated guided slab mode  $\chi_r$  and propagation constant  $\beta_r$ , that satisfy the TM slab mode equation

$$\epsilon_{\rm r}\partial_x \frac{1}{\epsilon_{\rm r}} \partial_x \chi_{\rm r} + (k^2 \epsilon_{\rm r} - \beta_{\rm r}^2) \chi_{\rm r} = 0.$$
<sup>(15)</sup>

One assumes that  $\chi_r$  represents an acceptable approximation for the vertical shape of  $H_y$  for all positions z, such that the principal field can be written

$$H_y(x,z) = \chi_r(x)\,\psi(z)\,,\tag{16}$$

where  $\psi$  remains to be determined. The ansatz (16) restricts  $\mathcal{F}$  to a functional of  $\psi$  only. Up to constant factors (the mode normalization  $\int \epsilon_r^{-1} \chi_r^2 dx$  has been introduced for proper scaling), this reads

$$\mathcal{F}(\psi) = \int \left\{ \frac{1}{b} \left( \partial_z \psi \right)^2 - k^2 \, a \, \psi^2 \right\} \mathrm{d}z \,. \tag{17}$$

The effective structural properties are in this case encoded by the two quantities

$$b = \frac{\int \frac{1}{\epsilon_{\rm r}} \chi_{\rm r}^2 \,\mathrm{d}x}{\int \frac{1}{\epsilon} \chi_{\rm r}^2 \,\mathrm{d}x} \quad \text{and} \quad a = \frac{\beta_{\rm r}^2}{k^2} + \frac{\int \left(\frac{1}{\epsilon_{\rm r}} - \frac{1}{\epsilon}\right) (\partial_x \chi_{\rm r})^2 \,\mathrm{d}x}{k^2 \int \frac{1}{\epsilon_{\rm r}} \chi_{\rm r}^2 \,\mathrm{d}x} \,. \tag{18}$$

Note that here both a and b are z-dependent due to the presence of  $\epsilon$ . Requiring variational stationarity with respect to  $\psi$  leads to the 1-D equation

$$\partial_z \frac{1}{b} \partial_z \psi + k^2 a \, \psi = 0. \tag{19}$$

Continuity of  $\psi$  and  $b^{-1}\partial_z \psi$  across possible discontinuities in a and b is required. If  $\epsilon$  is piecewise constant (as it is the case for all our examples), then also a and b are piecewise constant along z. Eq. (19) can then be given the more familiar form

$$\partial_z^2 \psi + k^2 \epsilon_{\rm eff} \psi = 0 \,, \tag{20}$$

where the product of a and b determines the local effective permittivity

$$\epsilon_{\rm eff} = \frac{\beta_{\rm r}^2}{k^2} \frac{\int \frac{1}{\epsilon_{\rm r}} \chi_{\rm r}^2 \,\mathrm{d}x}{\int \frac{1}{\epsilon} \chi_{\rm r}^2 \,\mathrm{d}x} + \frac{\int \left(\frac{1}{\epsilon_{\rm r}} - \frac{1}{\epsilon}\right) (\partial_x \chi_{\rm r})^2 \,\mathrm{d}x}{k^2 \int \frac{1}{\epsilon} \chi_{\rm r}^2 \,\mathrm{d}x}.$$
(21)

Note that we have  $\epsilon_{\text{eff}} = (\beta_r/k)^2$  and b = 1 at positions z where  $\epsilon(x, z) = \epsilon_r(x)$ . Solutions of Eqs. (19), (16), (12) satisfy Eqs. (2) exactly in these "native" regions of the reference mode  $\chi_r$ . Elsewhere, i.e. in corrugated regions, Eq. (21) predicts a wave number shift for solutions of Eq. (20) due to the permittivity perturbation. These expressions are somewhat more involved than for TE polarization, in line with the perturbational expressions for the first order shift of propagation constants of planar TM modes due to small uniform bulk perturbations [44] (the permittivity acts on the components of the electric field, of which there are two for TM instead of one as for TE).

Also here Eqs. (19) and (18) can be obtained directly by restricting the original functional (1) to the ansatz

$$\boldsymbol{E}(x,z) = \frac{\mathrm{i}}{\omega\epsilon_0\epsilon} \begin{pmatrix} \chi_{\mathrm{r}}(x)\,\partial_z\psi(z)\\ 0\\ -\partial_x\chi_{\mathrm{r}}(x)\,\psi(z) \end{pmatrix}, \qquad \boldsymbol{H}(x,z) = \begin{pmatrix} 0\\ \chi_{\mathrm{r}}(x)\psi(z)\\ 0 \end{pmatrix}.$$
(22)

#### 2.3 Comments

Eqs. (10) and (20) govern the 1-D propagation of light through a dielectric multilayer stack with permittivity  $\epsilon_{\text{eff}}(z)$ . One has thus replaced the original 2-D problem by an effective 1-D problem, where the structural information associated with the missing spatial dimension has been transferred into the expression for the effective permittivity. Below we refer to the computational approach given by Eqs. (9), (10) and Eqs. (19)–(21) as "variational effective index method" vEIM.

Depending on the actual local refractive index contrast,  $\epsilon_{\rm eff} = N_{\rm eff}^2$  can well turn out to be negative. This then implies an imaginary effective index  $N_{\rm eff}$ , along with evanescent wave propagation, in the respective regions. To circumvent issues related to the signs of  $N_{\rm eff}$  for  $\epsilon_{\rm eff} < 0$  we will avoid the term "effective index" in these cases. Note that only  $\epsilon_{\rm eff}$  appears in the 1-D equations that govern the 1-D problems. Obviously, along with the propagation constant of the reference mode,  $\epsilon_{\rm eff}$  changes with the vacuum wavelength, or frequency, respectively (just as the effective index in the slab regions in a standard EIM [23]).

Eqs. (9), (21) represent standard effective index / permittivity values, and modifications thereof. Unlike Refs. [21, 24, 25], here the modifications concern the — formerly undefined — effective properties of the holes only, while the — well defined — effective indices in the non-etched regions remain precisely as in the standard EIM. All effective properties are here derived from first principles, not fitted to numerical reference calculations.

Most of the above expressions (exception: Eqs. (20), (21)) are valid for graded index structures as well [3]. Solution of the resulting 1-D problems (10), (19) with continuously varying effective properties  $\epsilon_{\text{eff}}$ , *a*, *b* would require suitable (numerical) 1-D solvers in place of the present transfer matrix procedures, if multilayer approximations are to be avoided.

For obvious physical reasons (perpendicular incidence of plane waves on a planar multilayer configuration), polarization does not play any role at the level of the 1-D equations. The positions, where the effective quantities  $\epsilon_{\text{eff}}$  in Eq. (10) and *a*, *b* in Eq. (19) appear, can be exchanged. To see this, reformulate Eq. (19) and the continuity requirements for  $\psi$  and  $b^{-1}\partial_z \psi$ , for the derivative of the principal function. This leads to the equation

$$\partial_z \frac{1}{a} \partial_z \phi + k^2 b \phi = 0 \tag{23}$$

for  $\phi = b^{-1}\psi$ , now accompanied by continuity requirements for  $\phi$  and  $a^{-1}\partial_z \phi$ . Up to the transformation between  $\psi$  and  $\phi$ , solutions of Eqs. (19) and (23) should thus be identical. In particular, they predict the same levels of reflection and transmission. Note that this reasoning also covers Eq. (10).

A last remark shall concern the power balance. For a planar configuration, the flux P of optical power per lateral unit length across a plane at position z is given by the integral  $P(z) = \text{Re} \int \{E_x H_y^* - E_y H_x^*\} dx$  of the z-component of the Poynting vector. For TE polarized fields of the form (11), this evaluates to

$$P_{\rm TE} = \frac{1}{2\omega\mu_0} \int |\chi_{\rm r}|^2 \,\mathrm{d}x \,\operatorname{Im}(\psi(\partial_z \psi)^*)\,,\tag{24}$$

while one obtains

$$P_{\rm TM} = \frac{-1}{2\omega\epsilon_0} \int \frac{1}{\epsilon} |\chi_{\rm r}|^2 \,\mathrm{d}x \,\operatorname{Im}((\partial_z \psi)\psi^*)\,,\tag{25}$$

for TM fields as in Eq. (22). By using the respective equations that govern  $\psi$ , one can show that both  $\partial_z P_{\text{TE}}$  and  $\partial_z P_{\text{TM}}$  vanish. Thus the 1-D vEIM schemes of Sections 2.1 and 2.2 generate strictly power conservative solutions.

## **3** Examples

Sections 3.1–3.4 summarize results of the former procedure, and of "standard" effective index approach(es), for a series of short, high-contrast 2-D structures. One might question in advance whether a 1-D reduction can be useful at all for the parameter sets as considered; in view of the analogy with perturbation theory of first order in the permittivity contrast the examples certainly represent rather extreme cases. Still, we experienced that EIM-like approximations *are* being applied for similar (3-D) PC configurations. Therefore, shedding some light on these scenarios might be more helpful than a discussion of low contrast gratings with shallow etching.

In all configurations there is (at least) one guided slab mode in the non-etched regions; the corresponding vertical refractive index profile thus allows to compute a reasonable effective index which enters both the "conventional" EIM calculations and the vEIM procedures. The non-etched slab also provides the reference permittivity and vertical mode profile to evaluate Eqs. (9), (18), and (21) for the vEIM approach. All configurations have also in common that the etched regions (holes) do not support any guided modes. The "conventional" EIM approach thus requires to guess an effective index for the hole regions; results for different plausible values are compared in the figures.

Along with the vertical mode profiles and with the exception of the former "guessed" values, all effective indices are wavelength dependent. The dependence appears roughly linear for the present configurations; corresponding intervals are given in the text.

A semianalytic Helmholtz solver (quadridirectional eigenmode propagation, QUEP [28, 29]) is applied to generate reference solutions for the present 2-D problems. The QUEP results should be more or less converged on the scale of the figures (checked only roughly). Especially for TM polarization the windowing error [4, 28] associated with the eigenmode expansion causes a slightly irregular behaviour of the curves; one should not trust the data more than up to the level of these oscillations.

In contrast to the EIM and vEIM approximations, the rigorous QUEP calculations cover vertically propagating waves accurately. This out-of plane scattering manifests through losses in the guided wave power balance, which can not be taken into account by the EIM and vEIM approximations. One should thus focus the comparison to those spectral regions without pronounced losses, i.e. the regions with bright background in Figures 2, 4, 5, and 6.

### 3.1 Deeply etched waveguide grating

Figure 2 introduces a parameter set that could represent a deeply etched, air-covered  $Si_3N_4$  film on a  $SiO_2$  substrate. Results for the polarized spectral guided wave transmission and reflection are compared for different computational approaches. The background shading indicates the level of losses (vertical out of plane scattering) as predicted by the QUEP reference; darker shading indicates higher losses. The gray patches in the left corners of the plots span the wavelength range where the slab is multimode.



Figure 2: A deeply etched, vertically nonsymmetric waveguide Bragg grating. Parameters:  $n_c = 1.0$ ,  $n_f = 2.0$ ,  $n_s = 1.45$ ,  $t = 0.2 \,\mu$ m,  $\Lambda = 0.21 \,\mu$ m,  $g = 0.11 \,\mu$ m,  $d = 0.6 \,\mu$ m. Relative guided wave (fundamental mode) transmission T and reflection R versus vacuum wavelength  $\lambda$ , for excitation by TE (a) and TM polarized waves (b). Bold lines: QUEP (continuous, reference), vEIM (dashed). Thin curves: "conventional" EIM,  $N_{\text{eff}}^{\text{holes}} = 1.0$  (continuous),  $N_{\text{eff}}^{\text{holes}} = 1.2$  (dash-dotted),  $N_{\text{eff}}^{\text{holes}} = 1.45$  (dashed).



Figure 3: Field profiles associated with the grating of Figures 2; time snapshots of the principal electric field component  $E_y$  for TE, and magnetic component  $H_y$  for TM polarization; QUEP reference calculation and vEIM approximation, for the wavelengths indicated by the bold tick marks in Figure 2.

Both EIM and vEIM approximations rely on effective indices for the slab segments between  $N_{\text{eff}}^{\text{slab}} = 1.87$  ( $\lambda = 0.4 \,\mu\text{m}$ ) and 1.67 ( $\lambda = 0.9 \,\mu\text{m}$ ) for TE polarization, and between  $N_{\text{eff}}^{\text{slab}} = 1.89$  ( $\lambda = 0.3 \,\mu\text{m}$ ) and 1.55 ( $\lambda = 0.8 \,\mu\text{m}$ ) for TM fields. The vEIM effective properties (9), (18), (21), in the etched regions vary from  $N_{\text{eff}}^{\text{holes}} = 0.82$  ( $\lambda = 0.4 \,\mu\text{m}$ ) to 0.71 ( $\lambda = 0.9 \,\mu\text{m}$ ) for TE, and from  $N_{\text{eff}}^{\text{holes}} = 0.81$ ,  $b^{\text{holes}} = 0.25$  ( $\lambda = 0.3 \,\mu\text{m}$ ) to  $N_{\text{eff}}^{\text{holes}} = 0.64$ ,  $b^{\text{holes}} = 0.34$  ( $\lambda = 0.8 \,\mu\text{m}$ ) for TM polarization.

We look first at the TE results, and there at the wavelength range beyond  $0.48 \,\mu\text{m}$  with moderate losses. Three choices for  $N_{\text{eff}}^{\text{holes}}$  have been considered, two of which are physically motivated, i.e. the refractive indices 1.0 and 1.45 for the air and the substrate that are present in the hole region, while the intermediate value of 1.2 has been included to show the trend. Among these, only the value for air leads to EIM predictions that resemble the QUEP reference reasonably. Probably due to the depth of the holes the substrate value is not adequate here. Especially for the long wavelengths, the vEIM curves come still closer to the reference data.

What concerns TM polarization, the pronounced out of plane losses, indicated by the dark background, render all 1-D approximations almost useless. In principle one observes the same trends as for TE polarized fields, where it is difficult to decide whether to prefer the vEIM data over the EIM results with  $N_{\rm eff}^{\rm holes} = 1.0$  (both reflection and transmission should be considered). The vEIM procedures at least allow to assemble consistent field approximations via Eqs. (11), (22). Some exemplary profiles are illustrated in Figure 3, alongside the QUEP results. Also here the high TM losses become evident: In each case, one should compare the levels of outgoing waves surrounding the grating regions with the homogeneous, constant background of the power conservative vEIM simulations.

#### **3.2 High contrast PC membrane**

Figure 4 addresses the 2-D equivalent of a thin Si membrane with periodic air holes. Here we restrict to TE polarization, since the identification of a similar, high contrast parameter set that leads to a moderately lossy grating with fully etched holes and single mode access waveguides turns out to be difficult for TM waves.



Figure 4: A high contrast vertically symmetric waveguide Bragg grating. Parameters:  $n_c = 1.0$ ,  $n_f = 3.4$ ,  $t = 0.2 \,\mu$ m,  $\Lambda = 0.45 \,\mu$ m,  $g = 0.225 \,\mu$ m. Modal transmission T and reflection R versus the vacuum wavelength  $\lambda$ , for TE polarized waves. Bold lines: QUEP (continuous, reference), vEIM (dashed). Thin curves: "conventional" EIM,  $N_{\rm eff}^{\rm holes} = 1.0$ .

The effective properties of the non-etched slab for the EIM and vEIM simulations evaluate to  $N_{\text{eff}}^{\text{slab}} \in [2.33_{\lambda = 2.2 \,\mu\text{m}}, 3.09_{\lambda = 0.8 \,\mu\text{m}}]$ . This is an example where the vEIM recipe (9) leads to negative effective permittivity in the etched regions  $\epsilon_{\text{eff}}^{\text{holes}} \in [-1.30_{\lambda = 2.2 \,\mu\text{m}}, -0.41_{\lambda = 0.8 \,\mu\text{m}}]$ . The vEIM model thus predicts a purely evanescent field behaviour across the holes.

Only the choice of  $N_{\text{eff}}^{\text{holes}} = 1.0$  seems plausible for the standard EIM in this case. If we focus to the spectral region  $\lambda > 1.3 \,\mu\text{m}$  with lower losses, the vEIM data comes again moderately closer to reality than the standard EIM.

### 3.3 Defect cavity

Figure 5 looks at a resonance in an air-clad  $Si/SiO_2$  grating with a central defect. Also here we restrict the simulations to TE polarization.



Figure 5: Vertically nonsymmetric waveguide grating with central defect. Parameters:  $n_c = 1.0$ ,  $n_f = 3.4$ ,  $n_s = 1.45$ ,  $t = 0.220 \,\mu$ m,  $\Lambda = 0.310 \,\mu$ m,  $g = 0.135 \,\mu$ m,  $L = 1.515 \,\mu$ m. Spectral transmission T and reflection R around a defect resonance, for TE polarized excitation. Bold lines: QUEP (continuous, reference), vEIM (dashed). Thin curves: "conventional" EIM,  $N_{\rm eff}^{\rm holes} = 1.0$  (continuous),  $N_{\rm eff}^{\rm holes} = 1.2$  (dashdotted),  $N_{\rm eff}^{\rm holes} = 1.45$  (dashed).

There is only a very moderate variation of effective parameters in the narrow wavelength region that is of interest here:  $N_{\text{eff}}^{\text{slab}} \in [2.75_{\lambda = 1.56 \,\mu\text{m}}, 2.77_{\lambda = 1.52 \,\mu\text{m}}]$  (vEIM and EIM). Negative values are obtained for the vEIM effective permittivity in the hole regions:  $\epsilon_{\text{eff}}^{\text{holes}} \in [-0.96_{\lambda = 1.56 \,\mu\text{m}}, -0.94_{\lambda = 1.52 \,\mu\text{m}}]$ .

With the refractive indices 1.0 of the cover and 1.45 of the substrate there are again two reasonable choices for the effective index of the etched regions. Also values in between might be plausible. According to Figure 5, all of these lead to resonance positions that are further off the QUEP reference than the vEIM prediction.

In line with the observations in Sections 3.1 and 3.2, with decreasing  $\epsilon_{\text{eff}}^{\text{holes}}$  one observes a systematic shift of the spectral features to shorter wavelengths, where the standard EIM values do not proceed far enough, while the vEIM exaggerates slightly. It would thus be tempting to use the resonance position as a measure to for a fit of the effective parameters. This should then concern  $\epsilon_{\text{eff}}^{\text{holes}}$ , rather *not* the effective index assigned to the slab regions (as in Refs. [21, 24, 25]) which represents exactly the unperturbed guided wave propagation through the non-corrugated regions of the device.

### 3.4 Heterostructure PC slab

For the last example in Figure 6 we adapted a parameter set from Refs. [15, 45], which represents an InP/InGaAsP/InP heterostructure with air cover and deep, air-filled holes. The vertical refractive index contrast around the guiding layer in the original slab is quite low in this case, leading to a comparatively wide, regular vertical mode shape.

EIM and vEIM simulations are based on effective indices for the slab regions of  $N_{\text{eff}}^{\text{slab}} \in [3.20_{\lambda = 3.5 \,\mu\text{m}}, 3.29_{\lambda = 1.2 \,\mu\text{m}}]$  (TE), and  $N_{\text{eff}}^{\text{slab}} \in [3.19_{\lambda = 3.5 \,\mu\text{m}}, 3.29_{\lambda = 1.2 \,\mu\text{m}}]$  (TM). Effective properties of  $\epsilon_{\text{eff}}^{\text{holes}} \in [0.737_{\lambda = 3.5 \,\mu\text{m}}, 0.741_{\lambda = 1.2 \,\mu\text{m}}]$  (TE) and  $\epsilon_{\text{eff}}^{\text{holes}} \in [0.741_{\lambda = 3.5 \,\mu\text{m}}, 0.732_{\lambda = 1.2 \,\mu\text{m}}]$ ,  $b^{\text{holes}} \in [0.096_{\lambda = 3.5 \,\mu\text{m}}, 0.090_{\lambda = 1.2 \,\mu\text{m}}]$  (TM) enter the vEIM calculations, while the value of  $N_{\text{eff}}^{\text{holes}} = 1.0$  is the only plausible choice for the standard EIM. Due to the narrow region allowed for mode indices between the substrate and film values  $n_{\text{s}}$  and  $n_{\text{f}}$ , all effective properties vary only slowly in this case.

For TE polarization this is a low-loss configuration. Both vEIM and EIM lead to an excellent approximation of the transmission properties, at least for wavelengths longer than, say,  $1.6 \mu m$ . In case of the vEIM one also obtains quite reasonable approximations of the optical fields, as shown in Figure 7. The structure exhibits much higher losses for TM waves, and consequently also the quality of the 1-D approximations degrades. Still, the transmission properties around the band edge on the short wavelength side are reasonably well represented by the vEIM and EIM curves. Despite the losses one still observes some agreement between the QUEP and vEIM fields for these wavelengths.



Figure 6: A Bragg grating with air-filled holes in a heterostructure slab configuration. Parameters:  $n_s = 3.1693$ ,  $n_f = 3.3640$ ,  $n_c = 1.0$ ,  $t = 0.5 \,\mu\text{m}$ ,  $\Lambda = 0.491 \,\mu\text{m}$ ,  $g = \Lambda/2$ ,  $d = 1.0 \,\mu\text{m}$ . The plots show the relative spectral guided wave transmission T and reflection R, for excitation by TE (a) and TM polarized waves (b). Bold lines: QUEP (continuous, reference), vEIM (dashed). Thin curve: "conventional" EIM with  $N_{\text{eff}}^{\text{holes}} = 1.0$ .

## 4 Concluding remarks

Our simulations show clearly that a treatment of a propagation problem involving a high-contrast PC slab or PC membrane in terms of effective indices can, in general, hardly be expected to be more than a mere qualitative or rather crude quantitative approximation. Nevertheless, situations may arise where, for various reasons, there are no options but to restrict simulations of 3-D devices to 2-D. One should then at least invest the small effort to determine the variational correction term, and perform the 2-D calculation for the thus established effective permittivity profile (which may well turn out to be smaller than 1.0 locally, or even negative). Some heuristics can be avoided in that way, one obtains clearly defined approximations to the optical fields, and, at least for the given examples with moderate losses, we could observe that the resulting variational effective index approximation (vEIM) comes closer to reality than any "conventional" EIM with educated guesses of effective indices for regions without local modes. The former examples might then give an idea about what accuracy can be expected.

At least for the high contrast configurations among our numerical examples, we could not confirm the rather promising findings of e.g. Ref. [19] what concerns the validity of standard effective index approximations for photonic crystal slabs in general. Those comparisons considered mainly heterostructure systems as in Section 3.4 with relatively low vertical refractive index contrast between a central guiding layer and the thick lower and upper cladding. The shallower mode profile can well be a better approximation to the actual field in the perforating holes than the strongly confined modes in e.g. the PC membrane of Section 3.2, such that the standard EIM is more appropriate there than in the previous examples. This would be in line with the findings of Ref. [33] which predict lower out-of-plane radiation losses for vertical low-contrast heterostructures than for "comparable" high-contrast PC membranes. Quite excellent approximations, as in Figure 6(a), can be obtained in certain cases; the accuracy is, however, strongly structure- and also polarization dependent.

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Figure 7: Field profiles associated with the grating of Figures 6; time snapshots of the principal electric field component  $E_y$  for TE, and magnetic component  $H_y$  for TM polarization; QUEP reference calculation and vEIM approximation, for the wavelengths indicated by the bold tick marks in Figure 6.

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